



The Parish Builder

ST. LUKE'S LUTHERAN CHURCH - 5150 WILSON ST. LA MESA, CA 91942
www.st-lukes-la-mesa.org

February 2012
Volume 12 Issue 2
Monthly Newsletter

We invite you to join St. Luke's Lutheran Church

Please contact Judy in the office to discuss membership or to arrange an appointment with the pastor:
619-463-6633 or office-sllc@att.net

Volunteer Office hours are:
Monday - Friday, 9:00 a.m. - 3:30 p.m.

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We would really like to keep in touch with you. If you haven't already given us your email address its as easy as sending St. Luke's an email with the subject line stating "Include Me". This way you won't miss out on the updates and reminders of things going on presently and in the future.

Guess Who's Coming To Church?

In the beginning of his ministry, Jesus invited others to join him as disciples. In Matthew 4:18-22 we see Jesus' invitation of Peter and Andrew who were going about their daily tasks as fishermen. Jesus invited them with the words, "Follow me, and I will make you fishers of men." Further on on Matthew 4 we also see the calling of James and John who not only leave their livelihood, but also their father.

The writer in John 1:43-51 records Jesus' interaction with Philip and Nathaniel, as he invites them to join him. His call to Philip is simple with the words, "Follow me." The twelve begin as complete novices that ask foolish questions and make foolish proclamations (see Nathaniel's responses in John 1:48-49). Through the discipling relationship they become missionaries that proclaim the gospel in word and deed (see Philip's preaching that brings 'much joy' to a city in Samaria in Acts 8:4-8).

As Jesus was invitational in his ministry by calling disciples to himself, we too as the 'Body of Christ', the church, are to be invitational as well. As we have been obedient to the call of Christ, and as a response to the grace that we have received, we too extend the invitations to others as well.

In a recent meeting of the Future Generations group, we began a discussion of how invitational we are as a church. Invitation is important as we think of the outward dimension of the church. Most people visit a church because they were invited by someone else, and

Continued from page 1

evangelism happens most naturally in the context of relationship. Do we have a church that we would like to invite our friends to?

The first step in determining our accessibility is to gather a team to assess our current practices from a visitor's perspective. This assessment may require some imagination as many of us have become very familiar with how we do things here. How accessible is our church campus to someone who is here with a young child? What does our church look like from the street on a Sunday morning, can you tell that anything is going on here? How easy is it to get involved with the various ministries? Is this a 'sticky' church that people can easily connect with?

The purpose of this Campus Assessment Group is to look at practical steps that we can take to make our Sunday Morning experience more welcoming and accessible. This is not a major overhaul of our worship, but rather a look at the smaller details that can improve the experience of a visitor and make our church more 'family friendly'.

We would like to have a variety of voices in the process and it is an open group to whomever would like to join us. If you'd like to join us in the task, please let me know so that I can get you an evaluation worksheet. If you have any questions about the process or the group, don't hesitate to chat with me on Sundays or contact me in the church office.

Holiday Gift Baskets

The 2011 Holiday Baskets helped 11 families this Thanksgiving and Christmas season! We received some touching "thank you" notes from these recipients. "Thank You" to all who

prayed for and donated to this outreach, bless you.
- Holiday Gift Basket Committee.

Thank-you from the Barghols

With deepest sincerity, Darcy and Doug Barghols and their family wish to thank all those who have kept them in their prayers and sent cards. They would appreciate the continued prayers that over the following months.

Thank-you from Maureen Borchardt

I would like to thank all of the people of St. Luke's who have offered prayers and sent cards to me. It is very comforting to know that there is so much love and friendship in our church community. My love to you, Maureen Borchardt.

Congratulations to the Ruegers

Fred and Guida Rueger will be married 58 years on 02 February 2012. We congratulate them on their many years together and are grateful for their participation at St. Luke's.

Thank-you to St Luke's

Dear Members of St Luke's:

I have been meaning to write this for a few weeks. Please forgive my delayed thank you!

You sent our family a gift card at Thanksgiving and again at Christmas. I cannot express to you what a blessing your gift was to our family. I'm not sure how you got our name and address since we do not know anyone in your congregation.

My husband was "out-sourced" in April and we have been working to build our own business. Needless to say, the income reduction has been a challenge.

We have 7 daughters: 3 are out of the house either at college or working. Everyone was home for Christmas and your gift truly helped make it a great day.

Thank You, The Weddle Family

A Thank-you from Grossmont High School

To St. Luke's Lutheran Church,

On behalf of the entire Grossmont High School Staff, we would like to send our sincere appreciate for your most generous gift. Our very needy families have been helped so much by your donation. Thank you so very much.

Best Wishes, Noel

A Thank-you from El Capitan High School

Dear St. Luke's Church Members,

Thank you so much for all the gift cards for our El Capitan High families. I have more homeless families than every before so we will put them to good use. The cards you donated last year were much appreciated by our students and families. Thank you for making a difference in our community.

Sincerely, Lisa Read
Lakeside Family Resource Center

Lenten Services/Soup Suppers

Ash Wednesday and the Lenten Soup Suppers are approaching quickly. Ash Wednesday is on February 22, 2012 this year and will be here before you realize it.

Those committees who are responsible for hosting the Soup suppers are reminded to sign up in the office(sign-up sheet located on counter) before it's too late. Some slots are already taken so get in there quickly before it's too late.

Lenten services will be resuming on Ash Wednesday and continuing through Holy Week leading up to Easter Sunday. Please look for details coming soon.

Parish Potpourri

Ladies, many of you are quilters, but have you ever heard of a "quilting cruise?" That's what **Joann Hendrickson** is doing with her daughter, **Tracy Lathrop**, who lives in Fallbrook. Mother and daughter will be leaving San Diego in early February for a 14-day cruise on Holland-America. The days spent getting to Hawaii will be filled with quilting classes and doing actual sewing, on the machines provided. The trip home will find them at additional classes that they choose.

Sue and Roger Caldwell spent ten days on Maui, relaxing and doing their favorite thing: scuba diving.

We all welcome home the **Buller** family- **Josh, Vivi, baby Lucas, Margi and Dave** from Brazil. After many days of hospitalization and recuperation, **Lucas** is home. Prayers have been answered!

Heifer International

Please Do Read This, Even Though It May Sound Awful!

More than 1,700 species of insects are edible, and they are plentiful throughout the world. They're also highly nutritious and easy on the world's resources, so don't bug out this is educational!! (info is from Heifer's fall issue of World Ark) Remember, Heifer International's purpose is to help end poverty and hunger!

World population growth is definitely going to strain food production. Already 70 percent of agricultural land is devoted to raising livestock, and meat has already gotten very expensive. The time is right to start looking seriously at alternatives for animal protein.

Thanks to ALL who helped again fill the Heifer Quarter Bank. \$87.25 is being sent to Heifer. Keep those quarters coming!!
en you

Women of St. Luke's (WSL)

"I will bless the Lord at all times; His praise shall continually be in my mouth." Psalm 34:1

We have had a very busy two months. Let me bring you up to date. First, we thank everyone in the congregation for your generosity to all of our outreach, especially for your donations of food and shoes for the needs of the children of Avondale Elementary School. We could not have shoed the children if not for your generosity. A week before the Christmas break, we delivered over a dozen shoes.

Through two generous donations, the St. Luke's Women were able to purchase and present 15 jackets for the children in need of warmth. Although we have had a mild winter, we know that winter is not quite over.

We thank our Lord and Savior for bringing these gifts to us so that we can help warm the children when they are too cold to pay attention to their schoolwork and too hungry to listen to their lessons because their stomachs are growling.

We welcomed three new women to serve on our board, they are in alphabetical order: Darcy Barghols- Member from the Rebecca Circle, MaryAnn Boullian- Vice President and Marie Handley-Member at Large.

Our food drive is continuing, so please drop your donations of bags of rice, bags of beans, instant oatmeal, can foods such meats, soups, spaghetti, etc.

Our board is hard at work planning the Mothers and Others Tea. The event will be held on Saturday, May 19. So please put the date on your calendar. Our guest speakers, who grew up here at St. Luke's are Linda Hoffman and Gina Hoffman. Their subject is the same as our theme for the tea, "Getting to Know You". We also will have the pleasure of hearing the sounds of a violin and cello duet. I will announce the duo's names in our next Builder.

God has certainly blessed this congregation. More to come.—Marge Hersom, President

Many Thanks to Our Wonderful TACO Volunteers

You made a difference to the lives of those whom you have touched. Last year, month in and month out, you were at TACO to serve meals, to be a shoulder to lean on, and to give an ear to someone who just needed to talk. Your love, kindness, and time is appreciated and would be sorely missed if you were not there.

In that spirit, it should not be surprising that this year has started off with a bang already. On January 2, 2012, Betty Wiedmer, Paula Newak, Marie Handley, Randy Engel, John Busker, and Martha Applegate served at TACO. As always, they were giving much needed food, love and kindness to those who came. We will be serving once again this month on January 30 2012. If you are interested in this wonderful cause, please notify the office or Terry East (Outreach Chairperson).

Happy February from TACO!

With 2011 just behind us, there has been a lot of reflection on this past year. Food banks and other organizations gathering statistics ask us about our numbers. How many people did you serve? How many meals did you give out? How many people did the clinics see? The numbers are astonishing. In 2011, TACO served 24,988 meals. That's almost 25,000 meals being made, served, and consumed. Among 9 clinics hosted at TACO and First Lutheran Church, 125 people were seen each week. TACO is truly grateful for the volunteers and supporters who make this all possible. Without the help of 400 new volunteers each year and over 8,000 volunteer hours, TACO would not be able to serve almost 25,000 meals.

Thank you to you all for your support throughout 2011. May your 2012 be filled with great joy and peace.

Rachel Line,
Volunteer Coordinator, TACO



**HAPPY
FEBRUARY
BIRTHDAY
to you....**

**Bob Becker
Carol Bohnsack
Etsuko Busker
Beverly Carson
Bob Deslauriers
Michele Dipierro
Marge Henkel
Andrew Killion
Fred Rueger
Maggie Simmons**



DID YOU KNOW!

Our monthly newsletter is printed free because of generous people / companies that advertise. It is true, and we need to let these generous people know that we appreciate them. If you are need of auto services...

PLEASE CALL and THANK
Express Auto Service
7633 El Cajon Blvd. #300
La Mesa, CA 91942
619-463-1484

***Make sure you tell them
you heard about them from
our Newsletter!***

FEBRUARY WORSHIP TEXT

- 5th Fifth Sunday after Epiphany**
First Lesson—Isaiah 40:21-31
Second Lesson—1 Corinthians 9:16-23
Gospel—Mark 1:29-39
- 12th Sixth Sunday after Epiphany**
First Lesson—2 Kings 5:1-14
Second Lesson— 1 Corinthians 9:24-27
Gospel—Mark 1:40-45
- 19th Transfiguration of Our Lord**
First Lesson—2 Kings 2:1-12
Second Lesson—2 Corinthians 4:3-6
Gospel—Mark 9:2-9
- 22nd Ash Wednesday**
First Lesson—Isaiah 58:1-12
Second lesson—2 Corinthians 5:20b-6:10
Gospel—Matthew 6:1-6, 16-21
- 26th First Sunday in Lent**
First Lesson—Genesis 9:8-17
Second Lesson—1 Peter 3:18-22
Gospel—Mark 1:9-15

MEMORIAL GIFTS

PARISH BUILDER ARTICLES

March 2012 articles,
due in the office by
February 16th

Thank you, Judy

| FEBRUARY PRAYER CALENDER | | |
|---------------------------------|----------------------|--|
| God of Mercy | | |
| To God be the Glory! | | |
| Scripture | | |
| 1 | II Corinthians 1:3-4 | |
| 2 | Psalms 103:1-14 | There's a wideness in God's mercy, |
| 3 | Psalms 86:14-16 | Like the wideness of the sea; |
| 4 | Micah 7:18-19 | There's a kindness in his justice, |
| 5 | Psalms 69:16-18 | Which is more than liberty. |
| 6 | Psalms 23:1-6 | There is no place where earth's sorrows |
| 7 | Nehemiah 9:30-31 | Are more felt than up in heaven; |
| 8 | Hebrews 8:10-12 | There is no place where earth's failings |
| 9 | Psalms 18:1-6 | Have such kindly judgment given. |
| 10 | Genesis 3:13,15 | |
| 11 | Titus 3:3-7 | There is welcome for the sinner |
| 12 | Romans 9:15-16 | And a promised grace made good. |
| 13 | I Peter 2:9-10 | There is mercy with the Savior; |
| 14 | Ephesians 2:4-9 | There is healing in His blood. |
| 15 | Lamentations 3:21-24 | There is grace enough for thousands |
| 16 | James 5:7-11 | Of new world's as great as this; |
| 17 | Psalms 34:8, 17-18 | There is room for fresh creations |
| 18 | Psalms 145:8-9 | In that upper home of bliss. |
| 19 | I Peter 1:3-5 | |
| 20 | I Peter 1:18-21 | "Tis not all we owe to Jesus |
| 21 | Psalms 33:18-22 | It is something more than all; |
| 22 | Psalms 73:23-26 | Greater good because of evil |
| 23 | Hebrews 2:14-18 | Larger mercy through the fall. |
| 24 | Psalms 51:1-2 | If our love were but more simple |
| 25 | Hebrews 4:14-16 | We should take Him at His word; |
| 26 | Psalms 123:1-4 | And our lives would be all sunshine |
| 27 | Psalms 121:1-8 | In the sweetness of our Lord. |
| 28 | I John 5:20 | |
| 29 | Jude 20-21 | Hymn 290 |
| | Jude 24-25 | Verses 1, 2, 4 |
| | Romans 8:38-39 | LBW |

FEBRUARY WORSHIP TEAMS

| | | |
|---------------------|---|---|
| | Reader Altar Guild Sound Technician | <i>MaryAnn Boullain Shirley Carrington Ben Wilson</i> |
| 5th | Communion Assistant — Bread | <i>Rob Horne</i> |
| | Prayers of the People | <i>Liz Dunnigan</i> |
| | Projectionist | <i>Shirley Carrington</i> |
| | Communion Assistants — Wine | <i>Bob and Bonnie Fuller</i> |
| | Greeters | <i>Loraine Winger and Bonnie Fuller</i> |
| | Usher Team | <i>Randy Engel</i> |
| | Acolytes | <i>Emily Rose and Grace Menacher</i> |
| 12th | Communion Assistant—Bread | <i>Shirley Carrington</i> |
| | Prayers of the People | <i>Bev Holland</i> |
| | Projectionist | <i>Gail Knippelmeyer</i> |
| | Communion Assistants— Wine | <i>Dawn Dolan/Marge Hersom</i> |
| | Greeters | <i>Bob Deslauriers/Chuck Volker</i> |
| | Usher Team | <i>George Hauk</i> |
| | Acolytes | <i>Billy Miles, Emily Rose Menacher</i> |
| 19th | Communion Assistant— Bread | <i>Terry East</i> |
| | Prayers of the People | <i>Martha Applegate</i> |
| | Projectionist | <i>Emily Rose Menacher</i> |
| | Communion Assistants — Wine | <i>Gene Knippelmeyer/George Moore</i> |
| | Greeters | <i>Bob and Marilyn Burns</i> |
| | Usher Team | <i>Shirley Carrington</i> |
| | Acolytes | <i>Billy Miles, Grace Menacher</i> |
| 22nd Ash Wed | Communion Assistant— Ashes | <i>Judi Dunnigan</i> |
| | Prayers of the People | <i>Pastor Mark Menacher</i> |
| | Projectionist | <i>Roger Caldwell</i> |
| | Communion Assistant — Wine | <i>Cathie Floegel</i> |
| | Greeters | <i>TBD</i> |
| | Usher Team | <i>George Hauk</i> |
| | Acolytes | <i>TBD</i> |
| 26th | Communion Assistant— Bread | <i>Judi Dunnigan</i> |
| | Prayers of the People | <i>Pastor Mark</i> |
| | Projectionist | <i>Gail Knippelmeyer</i> |
| | Communion Assistant — Wine | <i>Marilyn Burns/Karen Skullerud</i> |
| | Greeters | <i>Jim & Dawn Dolan</i> |
| | Usher Team | <i>Chuck Hersom</i> |
| | Acolytes | <i>Emily Rose and Grace Menacher</i> |

February 2012

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|--|-----|--|
| | | | 1 8:30 am Facilities 6:00 p.m. Catechism 7:00 p.m. Choir | 2 8:00 a.m. Tai Chi | 3 | 4 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild |
| 5 9:00 a.m. Worship Service 10:15 a.m. Sunday school | 6 9:00 a.m. Counters | 7 8:00 a.m. Tai 'Chi' 12:00 pm WSL 6:30 p.m. Special Olympics 7:00 p.m. Rebekah Cir. | 8 8:30 am Facilities 4:30 pm Outreach 6:00 pm Catechism 7:00 p.m. Choir | 9 8:00 a.m. Tai Chi | 10 | 11 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild |
| 12 9:00 a.m. Worship Service 10:15 p.m. Sunday school | 13 9:00 a.m. Counters 5:30 p.m. Finance 6:30 p.m. Council | 14 8:00 a.m. Tai Chi 9:30 am Project Ladies 6:30 p.m. Special Olympics | 15 8:30 am Facilities 6:00 pm Catechism 7:00 p.m. Choir | 16 8:00 a.m. Tai Chi 10:00 a.m. Deborah Circle | 17 | 18 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild |
| 19 9:00 a.m. Worship Service 10:15 a.m. Sunday school | 20 9:00 a.m. Counters | 21 8:00 a.m. Tai Chi 6:30 p.m. Special Olympics | 22 Ash Wed. 8:30 am Facilities 5:30 p.m. Soup Supper 6:30 pm Service 7:15 p.m. Choir | 23 8:00 a.m. Tai Chi | 24 | 25 7:00 a.m. Men's Bible Study 9-10 a.m. Altar Guild |
| 26 <i>1st Sunday in Lent</i> 9:00 a.m. Worship Service 10:15 a.m. Sunday school | 27 9:00 a.m. Counters | 28 8:00 a.m. Tai Chi 9:30 a.m. Project Ladies 6:30 p.m. Special Olympics | 29 8:30 am Facilities 5:30 p.m. Soup Supper 6:30 pm Service 7:15 p.m. Choir | | | |

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January 2012

ADDRESS SERVICE REQUESTED

A WARM WELCOME TO ALL

- Worship Service: Sundays, 9:00 a.m. in the Sanctuary.
- Sunday school for all ages: Sundays at 10:15 a.m. in the Lower Level.
- Soup Suppers: Wednesdays beginning February 22 at 5:30 p.m.
- Lenten Services: Wednesdays beginning February 22 at 6:30 p.m.

St. Luke's Mission Statement:

We are called as a community of Christians saved by grace
—through faith alone in Jesus Christ—
to spread the Holy Gospel in word, sacrament, and action
solī deo gloria.